



Texas Nutrition Consultants Informed Consent for Nutrition Services

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Informed Consent for Nutrition Services

I am employing the counseling services of Texas Nutrition Consultants so that I can obtain information and guidance about health factors within my control (diet, nutrition, and related behaviors) to nourish and support my health and wellness.

I understand that the clinicians at Texas Nutrition Consultants are Dietitians/Nutritionists—not physicians—and they do not dispense medical advice or prescribe treatment. Rather, they provide education to enhance my knowledge of health-related to foods, dietary supplements, and behaviors associated with eating. While nutritional and botanical support can complement my medical care, I understand nutrition counseling is not a substitute for a medical provider's diagnosis, treatment, or care of disease.

Nutritional evaluation or testing provided in counseling is not intended to diagnose disease. Rather, these assessment tests are intended to guide me in developing an appropriate health-supportive program and monitor my progress in achieving my goals.

I agree to hold Texas Nutrition Consultants harmless for claims or damages concerning our work together. This is a contract between Texas Nutrition Consultants and me, and I understand it is also a release of potential liability.

BY SIGNING BELOW, I AM AGREEING THAT I HAVE READ, UNDERSTOOD, AND AGREE TO THE ITEMS CONTAINED IN THIS DOCUMENT.

Client

X

Print name:

Date: