



# Texas Nutrition Consultants

## Release of Information Consent

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### Full name

Legal first name

Last name

### I authorize MyorThrive to send and receive the following information:

- |   |  |
|---|--|
| <input type="checkbox"/> Medical history and evaluation(s)                | <input type="checkbox"/> Mental health evaluations |
| <input type="checkbox"/> Developmental and/or social history              | <input type="checkbox"/> Educational records       |
| <input type="checkbox"/> Progress notes, and treatment or closing summary |  |

### To/From

Title

Legal first name

Last name

Work phone

Mobile phone

Fax number

Email address

Title/Occupation

**Your relationship to client:**

- Self
- Parent/legal guardian
- Personal representative
- Other

*If "Other", please specify*

**The above information will be used for the following purposes:**

- |  |  |
|--|--|
| <input type="checkbox"/> Planning appropriate treatment or program       | <input type="checkbox"/> Continuing appropriate treatment or program |
| <input type="checkbox"/> Determining eligibility for benefits or program | <input type="checkbox"/> Case review                                 |
| <input type="checkbox"/> Updating files                                  |  |

I understand that this information may be protected by Title 45 (Code of Federal Rules of Privacy of Individually Identifiable Health Information, Parts 160 and 164) and Title 42 (Federal Rules of Confidentiality of Alcohol and Drug Abuse Patient Records, Chapter 1, Part 2), plus applicable state laws. I further understand that the information disclosed to the recipient may not be protected under these guidelines if they are not a health care provider covered by state or federal rules. I understand this authorization is voluntary, and I may revoke this consent at any time by providing written notice. This consent automatically expires after (some states vary, usually 1 year). I have been informed what information will be given, what its purpose is, and who will receive it. I understand that I have a right to receive a copy of this authorization. I understand that I have a right to refuse to sign this authorization.

If you are the legal guardian or representative appointed by the court for the client, please attach a copy of this authorization to receive this protected health information.

**Date signed**

**Witness signature (if client is unable to sign):**

**Witness Date:**

**Client**

**X**

**Print name:**

**Date:**